

	APTAMIL NUTRIBIOTIK 1 POWDER	Date of issue: 01/03/2022 No.: 126641-001-001 Page 1/3
Powdered infant milk		
From birth to 6 months		Nutritionally complete formula* DHA*
AVAILABLE FORMATS	EZP: 750 g 800 g BIB: 1100 g	SHELF LIFE: 18 months

RECONSTITUTION
The reconstitution of Aptamil® Nutribiotik™ is 13,7 % and is achieved by adding 1 level scoop of powder (approx. 4,6 g) to every 30 ml of water.

METHODS OF STORAGE AND USE
<p>WARNING: Follow the directions carefully, as improper preparation and storage may result in a loss of quality. pose a health risk to the infant.</p> <p>Before preparation, make sure the working environment is clean and wash and dry your hands well.</p> <p>Sterilise the bottle, nipple and ring. If you do not have a steriliser, boil them in water.</p> <p>Keep the cooker and sterilised objects closed with the lid until you are ready to use them. Be careful when handling hot objects.</p> <p>Boil the quantity of drinking water required for reconstituting the product in a clean container and leave it to cool.</p> <p>Pour lukewarm water into the sterilised feeding bottle according to the instructions in the media feeding table.</p> <p>Add the level scoops of powder according to the indications on the average feeding chart using only the scoop contained in the pack.</p> <p>Close the bottle and shake it for at least 10 seconds to dissolve the powder.</p> <p>Once the product is ready, test the temperature on the pulse and administer to the infant. Consume within half an hour of preparation.</p> <p>Do not reuse any leftover prepared product, and do not heat or boil milk once it has been reconstituted.</p> <p>After use, close the package tightly and store in a clean, cool, dry place (not in the refrigerator). Consume within 1 month of opening.</p>

AVERAGE SUPPLY TABLE
<p>The table is indicative, the dosage may be modified according to the advice of the paediatrician, depending on the infant's needs.</p> <p>Only use the measuring cup contained in the package.</p>

Age	No. of scoops sparse	Boiled water ml	No. of bottles in 24 hours
Week 1 - 2	2 - 3	60 - 90	6
Week 3 - 4	3 - 4	90 - 120	6
2nd month	4	120	6
3rd month	5	150	5
4th month	6	180	5 - 4
5th month	7	210	5 - 4
6th month	7	210	4

IMPORTANT WARNINGS
<p>Breast milk is the ideal food for the infant and is recommended as the exclusive food until the sixth month and as the milk component of a balanced diet during weaning and also after one year of age. When it is lacking or insufficient, it is advisable to use an infant milk only on the advice of the paediatrician.</p>

NUTRITIONAL CHARACTERISTICS
<p>Aptamil® Nutribiotik™ 1 is an infant milk, suitable for the special feeding of infants from birth if they are not breastfed.</p>
<p>Nutritionally complete formula* with DHA (Omega-3 fatty acid)*.</p>
<p>* as required by law for all infant formulas</p>

Product packed in a protective atmosphere.
 Distributed by: Danone Nutricia S.p.A. Società Benefit, Via Carlo Farini 41, 20159 Milan (MI).
 Best before the date on the pack. Store in a cool, dry place, away from heat sources.



APTAMIL NUTRIBIOTIK 1 POWDER

Date of issue: 01/03/2022

No.: 126641-001-001

Page 2/3

INGREDIENTS

Lactose, vegetable oils (sunflower, coconut, rapeseed low in erucic acid), skimmed **milk** powder, demineralised whey (powder), **milk** galacto-oligosaccharides (powder), **milk** serum protein concentrate, **milk** protein (powder), fructo-oligosaccharides, **fish** oil, potassium citrate, calcium carbonate, oil extracted from *Mortierella alpina*, magnesium chloride, choline chloride, calcium phosphate, sodium citrate, potassium chloride, sodium chloride, L-ascorbic acid, emulsifier: **soy** lecithin; inositol, L-tryptophan, sodium L-ascorbate, ferrous sulphate, zinc sulphate, L- carnitine, antioxidant: ascorbyl palmitate; calcium D-pantothenate, nicotinamide, cupric sulphate, DL- α -tocopheryl acetate, retinyl palmitate, thiamine hydrochloride, riboflavin, pyridoxine hydrochloride, potassium iodide, folic acid, phytomenadione, sodium selenite, manganese sulphate, cholecalciferol, D-biotin, cyanocobalamin.

NUTRITION DECLARATION		per 100 g	per 100
		of dust	ml at 13.7%
Energy			
	kJ	2016	276
	kcal	482	66
Fats	g	24,6	3,4
of which saturated fatty acids	g	8	1,1
of which monounsaturated fatty acids	g	12,4	1,7
of which polyunsaturated fatty acids	g	4,2	0,6
- linoleic acid (LA)	mg	3300	456
- α -linolenic acid (ALA)	mg	400	54,7
- arachidonic acid (AA)	mg	120	16,5
- eicosapentaenoic acid (EPA)	mg	30	3,6
- docosahexaenoic acid (DHA)	mg	120	16,5
Carbohydrates	g	53,5	7,3
of which Sugars	g	52,7	7,2
- lactose	g	50,8	6,96
of which polyols			
- inositol	mg	53	7,2
Fibres	g	4,2	0,6
of which GOS	g	3,5	0,48
of which FOS	g	0,58	0,08
of which 3'-Galactosyl Lactose	g	0,11	0,015
Protein	g	9,7	1,3
- seroproteins	g	4,8	0,7
- caseins	g	4,8	0,7
Vitamins and minerals			
Vitamin A	μ g	422	58
Vitamin D	μ g	11	1,45
Vitamin E	mg TE	8,8	1,2
Vitamin K	μ g	41	5,6
Vitamin C	mg	60	8,2
Thiamine (vitamin B1)	mg	0,48	0,07
Riboflavin (vitamin B2)	mg	1,0	0,14
Niacin	mg	3,1	0,43
Vitamin B6	mg	0,403	0,055
Folate	μ g	98	13
Vitamin B12	μ g	1,2	0,16
Pantothenic acid	mg	3,834	0,525
Biotin	μ g	13	1,8
Football	mg	426	58
Phosphorus	mg	243	33
Potassium	mg	609	83
Sodium	mg	162	22,1
Chloride	mg	403	55
Iron	mg	3,9	0,53
Zinc	mg	3,5	0,48
Iodine	μ g	92	13
Selenium	μ g	18	2,5
Copper	mg	0,365	0,050
Magnesium	mg	48	6,6
Manganese	mg	0,024	0,003
Fluoride	mg	\leq 0,043	\leq 0,0059
GOS (non-caloric carbohydrates)	g	1,7	0,2
Choline	mg	156	21
L-carnitine	mg	15	2,0
Taurine	mg	1	0,1



APTAMIL NUTRIBIOTIK 1 POWDER

Date of issue: 01/03/2022
No.: 126641-001-001
Page 3/3

SUBSTANCES AND PRODUCTS CAUSING ALLERGIES OR INTOLERANCES (EU Reg. 1169/2011 Annex 2)

	SI	NO
1. Cereals containing gluten, i.e. wheat (spelt and khorasan wheat), rye, barley, oats or i (a) wheat-based glucose syrups, including dextrose (1); (b) wheat-based maltodextrins (1); (c) glucose syrups based on barley; (d) cereals used for making alcoholic distillates, including ethyl alcohol of agricultural origin.		X
2. Crustaceans and crustacean products.		X
3. Eggs and egg products.		X
4. Fish and fish products, except: (a) fish gelatine used as a carrier for vitamin or carotenoid preparations; (b) gelatine or isinglass used as a fining agent in beer and wine.	X	
5. Peanuts and peanut products.		X
6. Soy and soy products, except: (a) refined soybean oil and fat (1); (b) natural mixed tocopherols (E306), natural D-alpha tocopherol, natural D-alpha tocopherol acetate, (c) vegetable oils derived from phytosterols and phytosterol esters based on soy; (d) Plant stanol ester produced from soybean-based vegetable oil sterols.	X	
7. Milk and milk products (including lactose), except: (a) whey used for the manufacture of alcoholic distillates, including ethyl alcohol of origin agricultural; (b) Lactiol.	X	
8. Nuts, i.e.: almonds (<i>Amygdalus communis</i> L.), hazelnuts (<i>Corylus avellana</i>), walnuts (<i>Juglans regia</i>), cashews (<i>Anacardium occidentale</i>), pecans (<i>Carya illinoensis</i> (Wangenh.) K. Koch), Brazil nuts (<i>Bertholletia excelsa</i>), pistachio nuts (<i>Pistacia vera</i>), macadamia nuts or Queensland nuts (<i>Macadamia ternifolia</i>), and their products, except for nuts used for the manufacture of alcoholic distillates, including ethyl alcohol of agricultural origin.		X
9. Celery and celery products.		X
10. Mustard and mustard products.		X
11. Sesame seeds and sesame seed products.		X
12. Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre in terms of total SO ₂ to be calculated for the products as proposed ready for consumption or as reconstituted according to the instructions of the manufacturers.		X
13. Lupins and lupin products.		X
14. Molluscs and mollusc products.		X

(1) And derived products, insofar as the processing which they have undergone is not likely to increase the level of allergenicity assessed by the Authority for the commodity from which they are derived.

REFERENCE LEGISLATION

Delegated Regulation (EU) 2016/127

It supplements Regulation (EU) No 609/2013 of the European Parliament and of the Council as regards specific compositional and information requirements for infant formulae and follow-on formulae and as regards information requirements for infant and young child feeding.